



# Junior Sailing Program Registration Packet

Packet Contains General Information as Well as the  
Following Forms:

- ✓ Application
- ✓ Release Waiver
- ✓ Medical Emergency Form
- ✓ Medical Consent
- ✓ A daily schedule of times and general activities.
- ✓ What to bring each day
- ✓ Jr. Program Rules/Code of Ethics



## Junior Sailing Program

WELCOME to our Junior Sailing Program!

We have a lot of sailing activities planned, come rain or shine, good breeze or none at all, we will have fun! Learning how to sail is a lifetime skill to enjoy whether you choose to continue to sail, cruise, race or just to be on the water. It also will bring many new friendships either locally or in your nautical adventures.

We have great instructors lined up to work with all of our participants as they polish their sailing skills and learn how to tie knots, secure your boat safely ashore, and have lots of fun with water and on-shore activities.

Please review and complete (where necessary) the following pages in this packet:

1. Junior Sail Application
2. Release Waiver
3. Medical Emergency Form
4. Medical Consent Form
5. A sample daily schedule of times and general activities.
6. What to bring each day
7. Jr. Program Rules/Code of Ethics

We encourage you to review the Rules and Code of Ethics with your Jr. Sailor before the start of the week as we will be going over these during Opening Ceremonies.

In addition, please ensure your Junior Sailor has ample clothing for the day for wet, warm and cool weather. You will need to label all clothing, towels, belongings and will be responsible for them daily. A MUST for each day is to bring: USCG APPROVED LIFE JACKET/PFD, WATER BOTTLE, SUNSCREEN/SUN BLOCK, HAT, TOWEL, SWIM SUIT, DRY CLOTHES and BRING YOUR OWN LUNCH and snacks!

Throughout the week the Instructors will be observing all the participants for the coveted Sportsmanship Award. The participants in the Sailing Program will be the primary “voters” at the end of the week. Sportsmanship is the highest regarded aspect in the world of sailing. It is not just on the water, but it is off the water too – on the docks, beach, classroom, yacht club, parking lot, etc. We will talk more about this throughout the week.

**Our Junior Boating Program, including our Summer Sailing Weeks, is an amenity to UYC Members and offered to UYC Members, their families and their guests. The Program is specifically NOT a Day Care Center. Please do not refer to our Program as any form of Day Care or Child Care center or program.** It is also good to remember that we are GUESTS on the UYC campus and must behave accordingly.

If you have any questions, please feel free to contact Susan Reddaway at [Reddsail@aol.com](mailto:Reddsail@aol.com) or 678-858-8585.

Let's remember we are ALL here at the Sailing Program to be SAFE, LEARN TO SAIL AND HAVE FUN! We are looking forward to a great week. *LET'S GO SAILING!*



## UYC and UYC Maritime Foundation JUNIOR SAILING APPLICATION



**WEEK I: June 7-12-2026** \_\_\_\_\_ **WEEK II: June 14-19, 2026** \_\_\_\_\_  
Check the week(s) attending the Sailing Camp

Junior Sailor's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Junior's Age: \_\_\_\_\_

Parent's Name(s): \_\_\_\_\_

Contact Address: \_\_\_\_\_

City, ST, ZIP: \_\_\_\_\_

Phone# \_\_\_\_\_ Cell# \_\_\_\_\_ Email: \_\_\_\_\_

**Please circle skill level of SWIMMING: Beginner Intermediate Advanced (CIRCLE ONE)**  
**Please circle skill level of SAILING Beginner Intermediate Advanced (CIRCLE ONE)**  
**1 Shirt per Jr. Sailor SIZE: Youth or Adult S M L XL (CIRCLE ONE)**

Extra Shirts @ \$15 each (Quantity and Size(s)) \_\_\_\_\_  
 (Please include this amount in your check)

**\*\*\*\$600.00/Sailor/Week – Make Checks Out to: UYC Maritime Foundation, Inc. \*\*\***

Referred by: \_\_\_\_\_ UYC Member: Yes No (CIRCLE ONE)

Describe any medical history the Coaches need to know. Include such information as food or other allergies, medications being taken or any specific limitations. If necessary, use reverse side of this application for additional notes or please discuss this with the Jr. Sailing Director: \_\_\_\_\_

**Print out and mail the Application, Release Waiver, Medical Consent and Medical Emergency (4 forms per Jr. Sailor) and check to Susan Reddaway c/o UYC Jr. Sailing Week, 5956 River Road, Flowery Branch, GA 30542 \*\*\*\*Checks made out to UYC Maritime Foundation, Inc.\*\*\*\***

If you have any questions PLEASE contact Susan Reddaway: [Reddsail@aol.com](mailto:Reddsail@aol.com) 678-858-8585 or Rick Smith: [RickSmith4333@gmail.com](mailto:RickSmith4333@gmail.com) 404-606-2220. There are a limited number of spaces available. Preference based on UYC Membership, attendance at last year's Jr, Sailing Week and date of reservation for this year's Jr. Sailing Week.

\_\_\_\_\_ Parent's Signature

\_\_\_\_\_ Date

Check #: \_\_\_\_\_

Date Received: \_\_\_\_\_

**UYC Maritime Foundation, Inc. and University Yacht Club  
Junior Boating Program/Junior Sailing Week**

---

**THIS AGREEMENT CONTAINS A RELEASE AND WAIVER – READ FIRST**

---

***RELEASE, WAIVER AND RETENTION OF RIGHTS AGREEMENT***

IN CONSIDERATION OF the acceptance of my entry and of the substantial volunteer efforts of the directors, members, employees, representatives and associated volunteers for **UYC Jr. Boating Program, including the UYC Junior Sailing Week**, THE UNDERSIGNED HEREBY :

1. WAIVES AND RELEASES ANY AND ALL COMPLAINTS, CLAIMS, LIABILITIES, OBLIGATIONS, PROMISES, AGREEMENTS, CONTROVERSIES, DEMANDS, DAMAGES, ACTIONS, CAUSES OF ACTION OR SUITS OF ANY KIND OR NATURE WHATSOEVER, WHETHER THEY SOUND IN EQUITY, LAW, TORT OR CONTRACT, WHETHER KNOWN OR UNKNOWN, ACCRUED OR UNACCRUED, INCLUDING THOSE OF NEGLIGENCE OR EQUIVALENT CONDUCT WHICH I MAY HAVE AGAINST THE UYC MARITIME FOUNDATION OR UYC, THEIR DIRECTORS, MEMBERS, EMPLOYEES, REPRESENTATIVES, ASSOCIATED VOLUNTEERS; AND THE UNITED STATES SAILING ASSOCIATION, UYC MARITIME FOUNDATION, INC. AND THE UNIVERSITY YACHT CLUB, INC. (COLLECTIVELY, THE "HOSTS") RESULTING FROM MY PARTICIPATING IN THE SAILING PROGRAM ("EVENT") AND ALL ACTIONS RELATED THERETO, WHICH THE UNDERSIGNED, EVER HAD, NOW HAVE, MAY HAVE, OR MAY CLAIM TO HAVE AGAINST THE HOSTS.
2. I grant UYC permission to interview me and/or to use my likeness in photograph(s)/video(s) in any and all of its publications and in any and all other media, whether now known or hereafter existing and for any other use. I make no monetary or any other claim related thereto.
3. I acknowledge my responsibilities in participating in this Event and my decisions to start or continue to sail in the Event.
4. If any provision of this agreement is not enforceable, such determination shall not affect the enforceability of the remaining provisions. This agreement shall be construed and enforced under the laws of the State of Georgia.

On behalf of my child, as participant, and his/her parents, heirs, representatives, and executors:

Participant: \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_

DATED: \_\_\_\_\_

THIS AGREEMENT CONTAINS A RELEASE AND WAIVER – READ FIRST

**UYC Maritime Foundation, Inc. and University Yacht Club  
Junior Boating Program/Junior Sailing Week**

**MEDICAL & EMERGENCY INFORMATION FORM**

NAME: \_\_\_\_\_ SEX \_\_\_\_ (M) \_\_\_\_ (F)

ADDRESS: \_\_\_\_\_

*City*

*State*

*Zip*

TELEPHONE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

**THE PARTICIPANT AND HIS OR HER PARENTS MUST ANSWER THE FOLLOWING QUESTIONS AS ACCURATELY AND COMPLETELY AS POSSIBLE:**

Please check those that apply: (Provide necessary details below)

<b>CHRONIC AILMENTS:</b>		<b>ALLERGIES:</b>	
ASTHMA, OR OTHER RESPIRATORY PROBLEMS		MEDICATION	
DIABETES OR HYPOGLYCEMIA		BEE STINGS/INSECT BITES	
HEMOPHILIA, OR OTHER BLEEDING PROBLEMS		FOODS	
CIRCULATORY OR HEART PROBLEMS		OTHERS, IF SIGNIFICANT	
EPILEPSY			

DATE OF LAST TETANUS SHOT: \_\_\_\_\_

BLOOD TYPE: \_\_\_\_\_

CURRENT MEDICATIONS, IF ANY:

\_\_\_\_\_

DETAILS (Please print clearly): \_\_\_\_\_

\_\_\_\_\_

**PLEASE MAKE SURE YOU HAVE FILLED IN ALL THE NECESSARY INFORMATION**

**UYC Maritime Foundation, Inc. and University Yacht Club  
Junior Boating Program/Junior Sailing Week**

---

**MEDICAL CONSENT FORM**

*Please complete all information.*

**NAME OF PARTICIPANT (Printed):** \_\_\_\_\_

**NAME OF PARENT OR GUARDIAN (Printed):** \_\_\_\_\_

In the event of accident or injury to the Participant, while participating in an event under the auspices of UYC Jr. Boating Program/Jr. Sailing Week where I am unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to the Participant such medical care and treatment by any hospital or physician(s) as the hospital or physician(s) deemed necessary or advisable.
2. I authorize any agent of the Junior Boating Program/Jr. Sailing Week to consent to such medical care or treatment on our behalf, in their sole discretion.
3. I agree to pay the reasonable cost of such medical care or treatment and to indemnify and hold free and harmless of all liability for such cost to the Sailing Program, and its agents.
4. I authorize the administration of medication to the Participant, as provided by the undersigned. The instruction for administration of the medication shall be specified on the second page of this medical consent form.

The above authorization is given in advance of any specific diagnosis, treatment or hospital care being required in order to provide authority to render care, which the treating professionals deem advisable. Reasonable efforts shall be made to contact me before rendering treatment to the Participant, but any of the above treatment will not be withheld if I cannot be reached.

**SIGNATURE OF PARENT/GUARDIAN:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**IN CASE OF EMERGENCY CALL:**

NAME	RELATIONSHIP	PHONE NUMBER

**PHYSICIAN WHO CONDUCTED YOUR MOST RECENT PHYSICAL EXAMINATION:**

NAME	PHONE NUMBER	DATE OF LAST EXAM

HEALTH INSURANCE CARRIER	INSURANCE ID NUMBER



# Jr Sailing Typical Schedule

June 7-12, 2026  
and/or  
June 14-19, 2026

## Daily Schedule (Monday – Thursday)

9:00AM	Arrival and Class
10:00AM	On the Water
12:00Noon	Lunch (Bring your own!)
1:00PM	Class
2:00PM	On the Water
4:00PM	Pick-up

\*All activities and times are subject to change due to the wind and weather. \*  
\*\*Sunday and Friday’s schedule are different – see details next page\*\*

## Weekly Events

### **Sunday – 3:30PM**

- Registration
- Swim Test and Orientation
- Blessing of the Fleet
- Parent and Jr. Sailors Welcome Meeting
- Picnic Dinner with Jr. Sailors, Parents and Coaches

### **Monday, Tuesday, Wednesday, Thursday - 9:00AM – 4:00PM**

#### Shore activities –

- Lots of Knots,
- Rules of the Water,
- Weather,
- Parts of the Boat
- Videos, Games and MORE

#### On the water activities –

- Sailing Drills,
- Turtle Island and Beyond!
- LOTS of FUN!

### **Friday – 9:00AM Sailing Activities (Subject to change)**

~12:00Noon – Picnic Lunch and Closing Ceremonies

\*All activities and times are subject to change due to the wind and weather. \*



## Junior Sailing RULES TO KNOW

---



- We do everything together.
  - No one is allowed to leave Club property.
  - You must always obtain permission to leave the group, and you must always have a designated “buddy” for the camp week.
  - Harassment and intimidation will not be tolerated.
  - The Code of Conduct and Ethics will be adhered to.
  - Everyone is expected to clean up.
  - Store personal items properly at all times.
  - Shoes are required to be worn at all times; swim shoes or “water-walker” shoes are recommended for these activities.
  - No one leaves the beach/dock until all boats are secured; remember the Code of Conduct.
  - Swimming is allowed only during specific times as announced.
  - PFDs will be worn at all times while near or in the water, on the docks, etc. Helmets will be available and their use may be required if conditions make them appropriate.
  - While on the water, always stay with your boat.
  - Sunscreen lotion is required and will be worn every day.
  - Always observe proper seamanship and respect for your equipment and others.
  - Boats outside of our program also have use of the lake and sailors should maintain a respectful and safe distance from them. If a sailor needs a tow at any time, he or she should make that clearly known.
  - Cell phones must be turned off during camp and stowed in camper’s backpack.
-



## Jr. Sailing CODE OF CONDUCT & ETHICS

---

### Code of Ethics

- \* Treat others and their equipment with respect.
- \* Stealing is illegal; borrowing without permission is unethical or worse.
- \* All our actions should be geared for the "good of the sport."
- \* The sport of sailing is "self-policing."
- \* Intimidation and harassment are inappropriate and will not be tolerated.

### Code of Conduct

- \* Be gracious in victory and defeat.
- \* Be cooperative and respectful.
- \* Your actions on and off the water are a reflection of you, your family and your sailing/yacht club.
- \* Know and use the rules of the waterways appropriately; use these rules for the safety of you and of others.
- \* Help and encourage others.
- \* Be organized, be prepared and be responsible for your equipment.
- \* Be polite to your host, other sailors and volunteers; thank them for their involvement and time.
- \* Appropriate language and behavior will be maintained at all times.

### Guidelines for Parents

- \* Support and promote the Code of Conduct and Ethics.
  - \* Place sailing and safety in the context of fun, good sportsmanship and fair play.
  - \* Promote the total sport of sailing: pleasure sailing, cruising, racing and boating.
  - \* Show respect for hosts, volunteers, other parents, borrowed property.
  - \* Remember there are instructors on the water and we encourage you to let them do their jobs.
  - \* Model supportive and ethical behaviors to our junior sailors and instructors.
  - \* Remember it is their sailing skills and their enjoyment, not yours.
  - \* The reason juniors perform well and stay with the sport is because they enjoy it.
-